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[All Conditions](#)

[Wellness](#)

[Women's Health](#)

[Job Advocacy](#)

[Disability Rights](#)

[Products & Services](#)

[Video Resources](#)

[Home](#) > [Accessible Homes](#) > [Accessible Homes, General](#) > Seat Lift Chair Primer

Seat Lift Chair Primer

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Seat lift chairs allow sitting individuals to easily come to a standing position via a rotating mechanism in the chair. The chairs basically gently push your body from the seated position to the standing. These seat lift chairs are very similar to your normal, comfy recliner, but they're built to allow people with mobility problems to be able to easily get out of a chair.

Seat Lift Chair Features

Seat lift chairs offer a variety of advantages over normal chairs. Besides the stability that they provide, many offer therapeutic features, including heat, massage therapy and pain relief. Plus, if someone needs to have their legs elevated due to heart or other conditions, many of these seat lift chairs raise the feet to where they are above the heart.

Seat Lift Chair Options

Seat lift chairs come in three options: Two Position, Three Position and Infinite. Two Position seat lift chairs are the simplest type of seat lift chairs. These will allow you to comfortably watch television or read a book and still be able to rise to a standing position. The Two Position seat lift chair, however, won't go back very far.

Three Position seat lift chairs allow for a bit more movement. These chairs will recline all the way back, allowing you to almost lay flat on your chair. This type of seat lift chair is one step up from the Two Position, but it will help improve circulation with the additional recline area.

The final type of seat lift chair is the Infinite. Just like the name suggests, these types of seat lift chairs allow you to move into a variety of positions. These are the most top-end type of seat lift chair on the market.

Back Injuries to Pregnancy

While they will be a bit more expensive than the other two types, the infinite recline positions are wonderful for a variety of medical conditions, including back injuries, circulation issues and sports injuries.

Pregnant women would also find these very useful since pregnancy tends to put a lot of strain on the body. Women often have trouble rising from a seated position or have back pain. This type of seat lift chair would allow for greater movement and help with relaxation.

Photo courtesy of Ron Andrews Medical.

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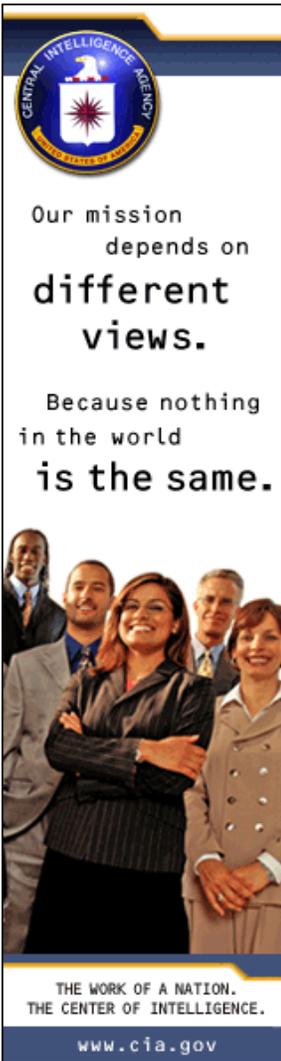
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